[MP Name]

[MP Address]

Date: [The date you write it]

Dear [MP Name]

Please can you assist me with my concerns about the lack of mental health services for ADHD.

I understand that you have been sent a copy of the ‘A lifetime Lost or a Lifetime Saved’ Disease Impact report on ADHD which highlights the alarming research on how ADHD affects mental health, education and employability.

[***Please write about how ADHD has affected you / your family / your education, your mental health, your employability etc or anything else ]***

Can you please write to me and let me know what you will doing about this.

Yours faithfully

[Your name]