

June 2025 V2

## **Private ADHD & ASD Services – Screening, Diagnosis, Coaching & Support**

### **Introduction**

Every individual with ADHD or ASD experiences the world uniquely. While these neurodevelopmental conditions are often framed in negative terms, they also come with strengths such as creativity, problem-solving, and abstract thinking. Our assessment and support services aim to provide a comprehensive and balanced understanding of each individual's needs and abilities.

### **Steps to Screening, Diagnosis, Coaching & Support**

#### **Step 1: Booking Your Initial Screening**

Email [enquiries@adhdnorfolk.org.uk](mailto:enquiries@adhdnorfolk.org.uk) to request a screening or adaptive behaviour assessment. If you're unsure whether ADHD or ASD may be present, we offer a pre-screening telephone consultation. Please bring **photo ID for your child** (passport or birth certificate) to the first appointment, for identity verification.

#### **Step 2: After the Screening**

You will receive a screening report within 21 working days, subject to receipt of all required documentation. If documentation is not received within 1 month, a file review fee may apply to reopen the case.

#### **Step 3: Progressing to Full Diagnosis**

If your child meets criteria and you wish to proceed: Request a full diagnosis consultation by email. Assessments are conducted by a GMC-registered psychiatrist as part of a multi-disciplinary team. A full diagnostic report is issued and shared with your GP.

#### **Medication Guidance (Under 17s – Norfolk Residents)**

We refer eligible Norfolk-based children to the NHS Community Paediatric Service via your GP, following the 2023 Norfolk ADHD protocol.

#### **Medication (Under 17s – Outside Norfolk)**

If you live outside Norfolk and medication is considered:

- Your GP must complete a heart sound check and confirm the child is physically fit for treatment.
- Once received, a trial of Atomoxetine (non-stimulant ADHD medication) may be initiated.
- We provide private prescriptions free for 1 year after diagnosis.

- Medication must be purchased from a pharmacy. We do not prescribe stimulant medications.
- Once optimised, we will request shared care prescribing from your GP (who may accept or decline).

### **Step 6: Medication Review**

- 1 year of medication review is included for children outside Norfolk.
- After 1 year: £95 per review appointment.

### **Fees Summary**

<b>Service</b>	<b>Fee</b>
ADHD & ASD Screening + Report	£375
ADHD Full Diagnosis	£750
ASD Full Diagnosis (includes ADI-R, ADOS-2, ABAS-3)	£1500
ADHD Coaching/Psychoeducation	From £95 per session
QbCheck Assessment	£325

### **About Our Team**

ADHD-ASD Norfolk services are delivered by Different Minds (ADHD-ASD Norfolk) Ltd. Our team includes:

- GMC-registered psychiatrists
- HCPC-registered psychologists
- Psychotherapists, counsellors, and coaches
- School-based outreach specialists

### **Diagnostic Criteria**

We assess and diagnose in line with: NICE NG87, ICD-11 & DSM-V

These require evidence from multiple domains (e.g. home and school) to establish consistent patterns of neurodivergent behaviour.

### **Supporting Evidence Requirements**

You must provide insight from two separate domains:

- One statement from a family member
- One from an external supportive adult (e.g. teacher, tutor, coach, family friend)

These statements help us assess functioning across environments, in line with NICE guidelines.

## Document Checklist – Required for ADHD/ASD Assessment

Document	Description
Developmental History Assessment	Completed by parent/carer.
Parent/Carer Observation Questionnaire	Completed by parent/carer.
Child's Views and Perspectives	Age-appropriate input in child's own words.
Process Doc (This document)	Completed by parent/carer.
Supportive Adult Observation Questionnaires (x2)	From two different non-family adults who know the child well.
Teacher Observation Questionnaire	From someone in an educational setting.
SENDCo Statement	From SENDCo in educational setting.
GP Medical Summary	Must be requested directly by the parent from the GP.

**Important:** *Missing documentation beyond 1 month from your screening may incur a re-review fee.*

### Non-Use of AI Policy for Supporting Documents

To ensure the accuracy, authenticity, and clinical validity of the information provided:

- All documents submitted as part of the assessment process **must be written by the individual or their trusted adult contributors**, such as parents, carers, teachers, or professionals who know the child well.
- **AI-generated content (e.g., from ChatGPT, Google Gemini, or similar tools) must not be used** to create or complete any observation forms, questionnaires, or written statements.
- Submissions found to contain or be primarily generated by AI may be **excluded from consideration**, and additional documentation may be requested.
- This policy is in place to maintain the **integrity and reliability of diagnostic decisions**, which are based on genuine observations across environments.

### Cancellation & Rescheduling Policy

- Cancellations within 96 hours (4 days) or non-attendance will be charged in full.
- Rescheduling within 4 weeks of your appointment will incur a £150 fee.

## Clinic Information

CCTV Notice: CCTV operates 24/7 throughout the clinic premises for patient and staff safety.

### Parking: **No on-site parking is available**

Nearby options: Stracey Road (free) Cotman Road (limited) Lower Clarence Road (pay & display, 5-min walk) Morrisons Riverside (free 2-hr parking, 10-min walk)



**What3words:** strike.souk.pots

## Consent to Terms

By signing or submitting this form electronically and by booking an appointment confirms that you:

- Understand and agree to the terms in this document
- Have read and understood the cancellation and documentation policies
- Confirm that all information provided is truthful and accurate

<b>PATIENT NAME</b>	
<b>DATE OF BIRTH</b>	
<b>Signature</b> (or digital submission acknowledgement)	
<b>RELATIONSHIP TO PATIENT</b>	
<b>Date</b>	